

Hair must be French braided and pinned up so that it does not touch the collar of the uniform. This may be done in one or two braids as desired.

1. Brush your hair straight back from your hairline.
2. Towards the crown of your head, grab some hair from the top layer near the top where you want to start the braid. Hold this in one hand.
3. Take the section that you have in your hand and divide it into three sections. Since you don't have a third hand, hold each of the sections between your fingers, or two sections in one hand and the other section in the other hand, whichever technique you find easier.
4. Take the outer right section, and pull it across the middle section.
5. Take the outer left section and do the same – just like you would with a regular braid.
6. Pick up some more hair that was not in the initial three sections, and add it to the lock that is currently at the farthest right.
7. Lightly finger comb the roots of new section so the side lays flat on your head.
8. Pull the newly augmented section over the middle section and into your braid as before.
9. Repeat steps 7-9 with the section of the outermost left.
10. Repeat steps 7-9 with the section currently on the right.
11. Continue adding hair and repeating steps 7-9 until you reach the nape of your neck.
12. If any spot is uncomfortable, lightly tug on it until it is loose enough to be comfortable.
13. Starting at the nape of your neck, make a regular braid. Fasten it at the end with a black or clear elastic. Pin the braids to your head with bobby pins, trying to make the pins as invisible as possible.